



BASCNA MEETING



Baltimore Area Service Committee of Narcotics Anonymous

Free State Regional Service Center

217 N. Warwick Avenue

Baltimore, MD. 21223

Phone: 410-566-4022

Hotline: 1-800-317-3222

Mario A.-Chair

Leonard W.-Vice Chair

Vacant- Secretary

Saturday, November 5, 2022

Respectful Housekeeping Rules

We the BASC Executive Body Respectfully

Request your help and assistance by:

- *Please keep your microphones on mute unless you are sharing.*
- *Please raise your hand in the participates area to share.*
- *Please be mindful of background noise, when sharing.*
- *Please turn your video off, if you want to smoke, no nudity, unpleasant scenery, or disrespectful behavior allowed.*
- *Please allow the chair of each sub-committee to give their full report, before presenting/asking questions.*
- *Please when you need to submit (i.e. nominations or motions, etc) put in the chat room and allow a BASC Executive body member to acknowledge.*
- *Please no cross sharing or talking (**direct all questions and/or comments to the Executive Body**).*
- *Please for all **GSR counts**, raise your hand in the participate area and keep hand raised until count it complete and confirmed.*
- *Please stay focused on business currently on the floor to be discussed and possibly voted on.*
- *Please remember to keep **Principles before Personalities**. Group conscience is the spiritual means, by which we invite a loving God to influence our decisions (**6th Concept**).*
- *Please remember that motions and nominations are conducted during new business.*
- *Please be respectful at all times.*

November 5, 2022, Agenda/Reports



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BASC AGENDA

Order Of Business

Please review the reports when shared on the screen

Our 11th Step states: "We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out."

1. **Serenity Prayer (*We Version*)**
2. **Reading of 12 Concepts**
3. **Housekeeping Rules**
4. **Roll Call**
5. **Welcome to All New Groups, New GSR's, and Alternate GSR's**
6. **Mention*****Baltimore Area Cashapp (SBASCNA)**
6. **Secretary report and review/approval of last month minutes**
7. **Treasure and/or Vice Treasure Update/Report**
8. **Special Events Sub-committee report**
9. **Old Business**
10. **New Business (COS Update)**
11. **RCM/RCM Alternate report(s) (VACANT)**
12. **Public Relations/Information (PR/PI) committee report**
13. **Literature Report--(VACANT)**

14. **Hospitals & Institutions (H&I)** Committee Reports and Updates
15. **Phoneline/Hotline** Committee Report—(VACANT)
16. **Policy** Committee report
17. **Web Servant** Report/**Alternate Web Servant** Report(s)
Mention***Baltimore Area Cashapp (SBASCNA)
18. **BACNA Liaison** report Update
19. **FSRNA** and/or **FSRCNA** report
20. **Vice Chairperson** report
21. **Chairperson** report
22. **Open Discussions of issues, thoughts, and concerns in our BASC Area**

Closing with the "We" version of Serenity Prayer

Thank you to all GSRs for stepping up and staying until the meeting close.

This demonstrates how your Home Group presents itself to the Area, Region, and the World!



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Saturday, November 5, 2022

BASC MEETING MINUTES

➤ **OPENING**

- We version of “The Serenity Prayer”
- The reading of “The 12 Concepts”
- Housekeeping Rules

➤ **ROLL CALL**

○ BASC Chair	Mario A.	○ Phone Line Chair	Vacant
○ BASC Vice-Chair	Leonard W.	○ Hospitals & Institutions Chair	Dina T.
○ Secretary	Vacant	○ RCM	Vacant
○ Alternate Secretary	Vacant	○ Alternate RCM	Roger J.
○ Treasurer	Verlie H.	○ Public Relations Chair	Miles M.
○ Alternate Treasurer	Milton W.	○ BACNA/Convention Liaison	Excused
○ Literature Chair	Vacant	○ BACNA/Region	Vacant
○ Policy Chair	Katrina W.	○ FSRCA and / or FSRNA	
○ Special Events Chair	Sheila S.		
○ Web-Servant	Kia B.	○ Sargent at Arms #1	Vacant
○ Alternate Web-Servant	Vacant	○ Sargent at Arms #2	Vacant

➤ **WELCOME** of “New Groups and/or GSR/Alt GSR

Home Group Name	Address	Representative	Meeting Information
Cherry Hill Listen to earn	2700 Spellman Rd (Parish Hall)	James M.—GSR	Tues. & Wed.—5:45pm—6:45pm (OD)

- OD – Open Discussion
- Basic Text
- JFT – Just for Today
- ST – STEP
- TR – TRADITIONS
- L – LITERATURE
- TO – TOPIC
- GP-Guiding Principles

➤ **SECRETARY Update:** Review of last Month’s minutes (See Report)

- All BASC Reports will be posted on our website, **Baltoareana.org** and **emailed** to all GSRs whose emails addresses are provided.
- The Baltimore Area and All subcommittees need **HELP!!**



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Saturday, November 5, 2022

1st GSR count @ 11:07 am 9 GSRs

- **TREASURER/VICE TREASURES: (see report) (10, 0, 0)**
 - **Friendly Reminder** all reports are a month behind.
- Donation Options: Cashapp-\$BASCNA, mail and/or drop-off check or money order to 217 N. Warwick Ave Baltimore, MD 21223. **(IMPORTANT)** place for Home Group Name in Cashapp and on check/money order. Make checks/money orders payable to: Baltimore Area
- **SPECIAL EVENTS: (see report) (11, 0, 0)**
 - **Saturday, November 5th event, “Thankful and Grateful”, marathon 12—55pm, Karaoke 6pm—8pm & Dance 8pm—10pm (Tickets \$5). By Grace, 1006 PatapSCO Ave Brooklyn, MD. 21225 (Silver Bus #29)**
 - Special Events is looking for 12 volunteers to model in December’s fashion show.
- **OLD BUSINESS**
 - BACNA 2022 Convention was successful, 1,105 addicts attended. BACNA donated \$1,500 to the Baltimore Area and \$1,500 to the Service Center.
 - Elections for the BACNA Board will be held Tuesday, November 15th (virtual meeting). If you have questions email BACNA2016@gmail.com.
 - Policy subcommittee submitted motions for revision, removal, and/or reinstate with corrections. Article #XIV Financial Matters **(see Policy report)**
 - COS need your support, visit the website—www.Circle of Sisters.org
 - Policy subcommittee submitted motion, 2nd by Alphonso S., motion: **#13 Motion:** All participating members of Special Events do not have to pay admission fees that cost less than \$25.00 to attend Special Events affairs, not including free food and refreshments. **Intent:** To ensure unity.... **(10, 2, 1) Approved**
- **NEW BUSINESS**
 - We need **TRUSTED SERVANTS!!!** Nominations for All BASC positions (qualifications posted on website)

2nd GSR count @ 12:01 pm 13 GSRs

- **CHAIR Update (See Report)**
- **VICE CHAIR Update (See Report)**



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3rd GSR count @ 1:04pm 13 GSRs

- **LITERATURE Update (See Report)**
- **BACNA LIAISON / BACNA BOD / BACNA Subcommittee Update(s)- (See Report)**
- **RCM and/or Alternate RCM Report(s) (See Report)**
- **POLICY Subcommittee Report (See Report)**
 - Policy subcommittee meets virtually every 3rd Saturday at 11am

Zoom ID: **892 9038 4963 PW: 295451**
- **HOSPITALS and INSTITUTIONS Subcommittee Update (See Report)**
- **PUBLIC RELATIONS Subcommittee Update (See Report)**
 - Public Relations (PR) subcommittee meets virtually every 4th Monday at 6pm

Zoom ID: **813 0386 6303 PW: 332720**

4th GSR count (no count)

- **PHONE LINE Subcommittee Update (See Report)**
- **WEB SERVANT / ALTERNATE WEB SERVANT (See Report)**
- **FSRCNA and / or FSRNA (See Report)**
 - Free State Region Convention will be held on November 25th thru November 27th at The Hyatt Regency, Downtown Baltimore
- **OPEN GROUP DISCUSSION-- None**
- **CLOSING**
 - The We version of the “Serenity Prayer”

Thank you for allowing me to serve!!!

Truly Grateful

HOME GROUPS – OCTOBER DONATIONS 2022

NO LONGER BOUND	STEP TO THE TRUTH	RECOVERY AT THE CENTER
STRONG CONNECTIONS	ARE YOU WILLING	LIVING LIFE A NEW WAY
MESSAGE OF RECOVERY	FREEDOM GROUP	VISION OF HOPE
IT'S A MIRACLE AT 7/11	GETTING HONEST	EASTSIDE GROUP
SISTERS IN RECOVERY	FREEDOM FROM BONDAGE	JOURNEY CONTINUES
MANIC SUNDAY / MONDAY	RECOVER OR RELAPSE	HAMILTON NOON
KEEP STEPPIN	PROMIS IS FREEDOM	A DESIRE TO CHANGE
DOING IT AGAIN ON GREENMOUNT	MIRACLES ON CHESTER	GIVE ME A BREAK
RECOVERY AT THE MIX		

OCTOBER 2022 MONTHLY REPORT- VIRTUAL MEETING (NOVEMBER 5, 2022)

Balance from Statement 9/30/2022 \$ **2,802.25**

	BASC	
	MONTH of OCTOBER	
Currency (Cash App)	\$	710.17
Checks / Money Orders / Cash App	1	
	2	
	3	
	4	
	5	

Special Event Marathon	
1-Oct	
\$	1,520.95

Area Basket \$ **1.00**

OCTOBER DONATIONS (H.G & S.E) \$ **2,232.12**

BACNA DONATED TO THE BALTIMORE AREA \$ **1,500.00**

Deposit + Balance \$ **5,035.37**

Debts / Expenses				
CHECK	4889	1	\$ 43.34	F.S.R.S.C.NA (LITERATURE)
CHECK	4890	2	\$ 155.00	WAYNE MADDOX (SPECIAL EVENTS FLYERS FOR SEPT., OCT., NOV. & TICKETS)
CHECK	4891	3	\$ 450.00	NOVEMBER MARATHON VENUE (SPECIAL EVENTS)
CASHAPP		4	\$ 350.00	DJ (SPECIAL EVENTS OCTOBER EVENT)
CASHAPP		5	\$ 550.00	COMEDIANS (SPECIAL EVENTS OCTOBER EVENT)
CASHAPP		6	\$ 350.00	DJ (SPECIAL EVENTS NOVEMBER EVENT)
CASHAPP		7	\$ 100.00	FREE STATE REGION DONATION
CASHAPP		8	\$ 14.99	REINBURSEMENT (TREASURE) ZOOM ACCOUNT
Total: Debits / Expenses			\$2,013.33	

ENDING BALANCE \$ **3,022.04**

PRUDENT RESERVE \$ **1,000.00**

SPECIAL EVENTS PRUDENT RESERVE \$ **1,500.00**

MONTHLY

OPERATING EXPENSE \$ **2,600.00**

UNDER BY \$ 577.96

REGION DONATION \$ **100.00**

\$100 minimum established By BASC Motion 4-080412

Please Make Checks or Money Orders out to the Baltimore Area

MARLCNA (RCM / ALT. RCM) Once a Year (FEBRUARY)				
TRIP INCLUDING REGISTRATION / HOTEL ROOM / GAS				
RCM		\$	250.00	
ALT. RCM		\$	250.00	
BASC Chair		\$	250.00	

Greetings Executive Body, GSR'S & Alt GSR'S

I, as the chairperson of Special Events attended the 3rd meeting. I also facilitated 2 business meetings. Last month (October) Special Events had a marathon, comedy show & dance that went very well. As you guys will see in the monthly report. This month our event will be held at I'm Still Standing 1006 E. Patapsco Ave in Brooklyn Md. There will be a marathon, karaoke, & a dance. Marathon, from 12-5pm, karaoke & dance 6-10pm \$5 dance. As you guys know this is nomination & voting month. I will not be running for this position for the year 2023. But I will stay on as a committee member. I have learned a lot from being the chairperson of Special Events. I wish the best for next Chairperson

THANKS FOR ALLOWING ME TO SERVE

Yours Truly

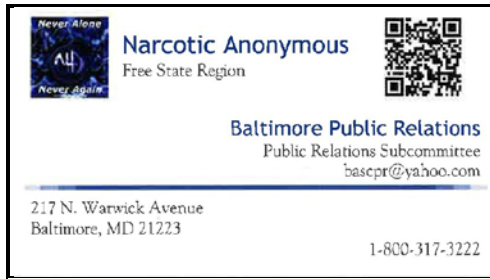
Sheila S.

Special Events Chair

SPECIAL EVENTS**OCTOBER 2022 MONTHLY REPORT****STARTING MONTHLY BALANCE**

Expenses:	MONETARY	
VENUE	\$	940.00
DJ (DANCE)	\$	350.00
COMEDIANS	\$	550.00
TOTAL EXPENSES	\$	1,840.00

RECEIVED FROM MARATHON:		MONETARY	
KITCHEN	(SOLD OUT KITCHEN)	\$	400.00
7th TRADITION		\$	190.95
DANCE	COMEDY SHOW	\$	930.00
MONEY RECEIVED FROM THE MARATHON & GIVEN TO BALTIMORE		\$	1,520.95



BASC Public Relations Subcommittee Report

November 5, 2022

Good afternoon, Baltimore Area Service,
Executive Committee Members, and
Group Service Representatives (GSRs) –

❖ PR and the NA group

- *What does PR have to do with my homegroup?*
 - As a group, their single goal is to help drug addicts recover through application of the Twelve Steps of Narcotics Anonymous
 - As a group, their public relations policy is based on attraction rather than promotion.
 - Together, the NA groups are responsible for making service decisions that directly affect them and what they do in their meetings as well as those that fundamentally affect the identity of Narcotics Anonymous.
 - GSRs are the communication link between the area and groups and can bring members' concerns or questions back to the area meeting. This link helps keep groups involved and informed.

The October 2022 Public Relations Subcommittee meeting was held on Monday, Oct. 24. This was a virtual meeting. The meeting opened and closed with the “We” version of the Serenity Prayer. Regular Subcommittee meetings are held on the 4th Monday of each month on Zoom at 6 pm.

1. Clay Pots Meeting (Thursday, Oct. 13, 2022: 7 pm) – Members of the PR Subcommittee met with the Board of Directors of the Clay Pots, at the Board’s invitation on Thur. Oct. 13, 2022 at 7 pm. The Clay Pots is located at 1635 W Pratt St, Baltimore, MD 21223, and is a host facility for several NA meetings: The Humility Group, which meets Sundays at 10 am, Humility Group 2 – Sundays at 11:15 am, and Strive to Thrive With Steps, which meets Fridays at 7:30 pm. There were no issues involving any of the meetings; the Board simply wanted to discuss the NA traditions 12 traditions and NA’s separation from the facility. A couple Board members are also members of Narcotics Anonymous, but wanted PR to attend to discuss the traditions, without the discussion coming from them. We discussed Traditions 6, 7, 9 and 10, and answered questions.

2. Area Meeting List - Check up/ reclamation effort. The ad hoc committee met with PR members on Oct. 10th and 17 to discuss the spreadsheet listing the “missing” meeting,

by day and time, in the Baltimore Areas. “Missing” refers to meetings that were listed in the 2020 FSRNA schedule but are not listed in the current FSRNA/BASC BMLT schedule. After seekers self-designated themselves to check on “missing” meetings for Sunday (and other days), over the month of October member/seekers were able to update nearly 50 meetings back into the meeting list. About 12 meetings were found to be confirmed “closed”. At the Oct. 24 PR Subcommittee meeting, the Subcommittee approved a “Help Update the Meeting List” flyer which will be printed and circulated at in-person meetings, allowing more members to assist us in updating the FSRNA/Baltimore Area meeting list.

3. Learning Day/Workshop. PR and H&I are planning a joint Learning Day for Sat. Jan. 14, 2023, from 12 – 3 pm at the Forest Park Senior Center. We’re hoping this can be a hybrid event that can be recorded for future reference by both PR and H&I.

4. Bus Signage. We’re still checking with NEFA to find out whether they are interested in collaborating with the bus signage project this year. Last year signs were placed at four bus stops in the Baltimore and Northeast Freedom areas at a price of \$1,175 that was split three ways (between Baltimore, NEFA and FSRNA).

5. Meetings Updates:

i. LIVE Group (New)

- Mondays, Weds. and Fridays
- 6 pm
- Temple of Prayer and Praise
- 2209 Park Avenue, Baltimore (21217)

ii. Suffer No More (Reopened)

- Sundays
- 7 pm
- Faith Community UMC
- 5315 Harford Rd., Baltimore, MD, 21214 across from Dunkin Donuts

iii. There’s Power In The Tower (Reopened)

- Sundays
- 6 pm
- 740 Poplar Grove St., Baltimore (21216)

Gratefully–In Service,

s/ ***Miles M.***

Miles M.

Chair, BASC Public Relations Subcommittee

BALTIMORE AREA Public Relations Subcommittee

HELP UPDATE THE MEETING LIST

You can use the QR code below to scan directly to the meeting list on the FSRNA website to check for information about your group.



[Scan Here!](#)

If your group is not listed, ask the group service representative (GSR) for the group (or the designated group contact person) to use the Meeting Update Form on the back of this flyer and return it via email to: bascwebservant@yahoo.com, or use the link below to submit the group's updated meeting information.

<https://freestatena.org/meeting-update/>

If the group doesn't have a GSR; please provide (1) the name and contact information of one or two members who regularly attend your meeting, and (2) the day, time and location of the group's business meeting. The Baltimore Area Public Relations (PR) Subcommittee would like to attend the group's business meeting to discuss reconnecting the group with the Baltimore Area Service Committee. For more information, please contact Baltimore Area PR at: prbaltimorearea@yahoo.com



FREE STATE REGION
 217 N Warwick, Baltimore, MD 21223 - Fax: 410-362-8505
 Regional Schedule Update Form



You **MUST** complete ALL mandatory fields (marked with **) -- *Incomplete forms will be returned!*

**Today's date: _____ **Type of change: ADD REMOVE ADDRESS FORMAT TIME

**Group contact (name and number): _____

**Geographic Location: _____

(DE: Kent & Sussex Co. New Castle Co. MD: Anne Arundel Co. Baltimore City Baltimore County)

(MD: Carroll & Howard Co. Cecil & Harford Co. Caroline, Dorchester, Kent, Somerset, Wicomico & Talbot & Queen Anne's Co Worcester Co. & VA)

**Free State Area: _____

(Baltimore Bay Delmarva East of the Bay Northeast Freedom Northwest Ocean Gateway Small Wonder Susquehanna Westside)

**Meeting day: SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

**Meeting time: _____ **Group Name: _____

**Indicate old information AND change made: _____

Facility Name: _____ Facility Address: _____

City, State _____ Zip _____

Meeting format: _____ Select all of the CODES that apply:

BEG	Beginner/Newcomer
BT	Basic Text
C	Closed
CAN	Candlelight
CPT	12 Concepts
CW	Children Welcome
DISC	Discussion/Participation
GL	Gay/Lesbian
IP	IP Study
IW	It Works Study

JFT	Just For Today Study
LIT	Literature Study
M	Men
MED	Meditation
NSUP	Needs Support
O	Open
QA	Questions & Answers
RA	Restricted Access
SMOK	Smoking
SPK	Speaker

STEP	Step
SWG	Step Working Guide Study
TOP	Topic
TRAD	Tradition
VAR	Format Varies
WA	Wheelchair Accessible
W	Women
Y	Young People

Additional information (driving directions, room #, landmark, county, etc): _____

Schedule Form Submission deadlines: **THIRD Tuesday OF:**
FEBRUARY (SPRING), JUNE (SUMMER), OCTOBER (FALL / WINTER)

Please direct questions to: Free State Regional Service Center 410-566-4022

H&I SUBCOMMITTEE REPORT 11-5-22

It's up us as group members of a group to notice when our group is being diverted. If we wait until diversions create a problem, we tend to experience our traditions as things we argue about rather than as principles that help us carry the message and recover in unity. Guiding Principles p.109

H & I Chairperson: Dina T. 215-409-8950 H&I Hotline Number: 1(800)317-3222

Greetings to all,

Our subcommittee met on October 24, 2022 from 12:30-1:00 pm

We had a total of 4 people in attendance.

We opened the meeting with a moment of silence followed by the serenity prayer. The twelve traditions were read

Open Positions: Vice Chair, Secretary

Open Slots: CMDs Women's Treatment Facility (Sunday/3-4 pm) 3 Panel Leaders needed (Clinical Management & Development Services)

4 slots-Central Booking/Intake Male Facility (Thursday 5-7 pm) Approval Required (Male Facility)

Panel Leader needed for Gaudenzia-2nd and 4th Friday from 7-8 pm (Co-Ed)

Panel Leader needed for Northwest Hospital-Every other Tuesday 8-9 pm (Psych Ward)

2 Panel Leaders needed for Tuerk House-Every other Wednesday from 7-8-pm

New Nominations: None

New Business:

H & I along with PR will be hosting a learning day in January instead of December 17th at Forest Park Senior Center on Liberty Road from 12-3 pm. The cost for the rental is \$150.00 and refreshments will be served.

H&I Needs Volunteers to Help Continue Deliver This Life Saving Message!!

Please pass the message along

Our next H&I Meeting: November 19, 2022 12:30-2:00pm due to the holidays

Zoom ID: 898 6035 0797 Password: HIMEETING (All Caps)

Respectively, Dina T.



BALTIMORE AREA SERVICE COMMITTEE OF N.A.
BALTIMORE AREA PHONELINE SUBCOMMITTEE
217 N. WARWICK AVENUE
BALTIMORE, MD. 21223

November 5, 2022

Greeting BASC Area members;

I would first like to thank all members for allowing me to be of service. The Phonenumber is currently up and running, and looking for trusted servants. Feel free to contact me via email baltimorephonenumber@yahoo.com.

We would also like to thank all our members for being of service. Thank you for your time and commitment to serve. We are still in need of volunteers and twelfth step callers. We encourage all members to come aboard and take on a commitment “...*because we can only keep what we have by giving it away*”.

We have the following positions open:

12 step callers

Shift Volunteers

Some shifts have been filled; the following shifts are still open.

Sun	Mon	Tues	Wed	Thu	Sat
7:30a-1p (1)	7:30a-1p (2)	7:30a-1p (1)	7:30a-1p	8p-11p (1)	5p-8p (1)
8p-11p (2)	1p-5p	8p-11p (1)	1p-5p (1)	11p-7:30a Thu-Fri (1)	
11p-7:30a Sun-Mon (1)	11p-7:30a Mon-Tues (1)				

Calls for the month:	83
Voicemails:	6
Missed calls:	0
Percent of missed calls:	7.23 %

Thanks,

Baltimore Area Hotline Chair



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Hotline: 1-800-317-3222

Chair | Mario A.

VICE CHAIR | Leonard W.

SECRETARY | Vacant

Saturday, November 5, 2022

BASC Policy Chair Report

Greetings Executive Body, GSR'S & Alt GSR's...It's a great day to be clean!

Our 11th step states: "We sought through prayer and meditation to improve or conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out."

"When we have experience in service, we can be a resource and a mentor for others. We do that in a spirit of humility when we are committed to bringing more members into the process without retaining control. Patience, kindness, and trust are key to the process. If we treat others with trust and respect, we are likely to receive it in turn..."

(Living Clean, The Journey Continues, Pg. 246)

I gratefully and respectfully attended and participated in the 3rd Thursday Executive Body meeting on Thursday, October 20th.

Policy subcommittee members met the 3rd Saturday, October 15, 2022 @11am and Friday, November 4th.

In attendance:

Chair: Katrina W., David B., and Alphonso S.

Old Business:

Discussion on October's meeting minutes, conclusion, and next steps.

2022 Revision Draft (work in progress)

Article VII: Members

Article VIII: Voting procedures

briefly discussed, will revisit for clarity....

To Do's:

- Policy subcommittee will meet at the Service Center Saturday, November 26th to begin pulling the hard copy motions.
- Policy subcommittees members will continue with assisting and participating in the PR's "**Reclamation**" ad-hoc committee and suggest taking one day of the week from the 2020 schedule to visit meetings.
- Submit 7th Tradition donation for usage of library space (2 visits)
- Purchase external hard drive to back-up hard copy motions.

Policy sub-committee meets every 3rd Saturday at 11am.

Zoom ID: 892 9038 4963 PW: 295451

Grateful Servant

BASC Policy Chair

Katrina W.

BASCPolicyChair@yahoo.com



BALTIMORE AREA SERVICE COMMITTEE OF N.A.

WEB-SERVANT

217 N. WARWICK AVENUE

BALTIMORE, MD. 21223

November 5, 2022

Greeting Executive body members,

Thank you for allowing me to serve. I will do what is needed to be of service in this position. I would also like to thank all our members for being of service.

Thank you for your time and commitment to service. We encourage all members to come aboard and take on a commitment " ...because we can only keep what we have by giving it away".

Starting August 5, 2022, the price for our subscription will increase to include sales taxes and this will be applied to our subscription renewals. The price will change from \$179.00 yearly to \$189.74.

The website is currently up and running. We are currently at 117,616 views. My intention is to keep the Baltimore Area well informed with information concerning our fellowship. For monthly updates (committee meetings, events, etc.)

I encourage all members to review the section labeled Upcoming Events @ <https://www.baltoareana.org/>. If you have any questions or concerns, feel free to contact me via email bascwebservant@yahoo.com. Thank you in advance for your time and cooperation.

Thanks, in advance,

Kia B.

bascwebservant@yahoo.com

*Baltimore Area Service Committee of Narcotics Anonymous
Free State Regional Service Center
217 N. Warwick Avenue*



Saturday November 5, 2022

Free State Region October Meeting Report

Good morning,

I attended the virtual On-Month Regional meeting on October 8, 2022. Seven (7) areas were in attendance and two sub-committees Phone line, and PR.

The following points were discussed.

1) Service Center- Jeff

- Literature sales are still going strong \$27,092.75 of sales last month.

2) Free State- Wayne

- a) Registration: As on the morning of today's meeting (10/08/2022) there is a total of 814 Pre-Registration sold; newcomers < 3 years account for 51 % of the sales, and the remaining 49% are people with over 3 years.
- b) 668 meals have been sold, putting us at 133% over the contract minimum of \$15,000 agreed upon with the hotel (real costs is approximately \$18,730.00 including utilities).
- c) The Convention price for hotel room is \$109.00 per night plus tax. Rooms can be booked at freestateregistration@conv.org

3) Chair: Larry

- The chair once again made an appeal for involvement and asked all areas to join sub-committees. Any member regardless of clean time can join any sub-committee. They simply can't be a chair or Executive Body member.

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4) RD: John

- Webinar is scheduled for the 22th.
- AZF meeting will be held on October 24. Included in the agenda are the incoming elections. Vacant slots are secretary, treasurer, IT.
- At NAWS there are currently a few ongoing surveys:
 - i. the BALT Survey
 - ii. DRT/MAAT Survey open until end of NovemberAnyone interested can access those surveys at: www.na.org/survey
- World Convention 28 will be held at DC on August 29, 2024.
- CAR Report will be release on November

5) Phonline: Wayne

- There was a total of 192 calls made last month. 0 call missed. 79 Voice mail. There were also 391 Volunteer calls
- The committee is also updating the volunteers' spreadsheet.
- A new training booklet is on the works. Among the topics:
 - Instructions when there is a suicide call. Volunteer must inform caller we will be calling 911.
 - Do's and Don't
 - Updating meeting list to include LGBTQ Meetings and to recruit volunteers LGBTQs.

6) Web Administrator: Michael

- Remodeling the website to include the open positions.
- Troubleshooting issues such as uploading RSC documents
- There is a traffic increase at the website with thousands of hits
- Meeting list must
- Anyone is welcome to contact web servant
- Flyers for events have been revised

7) Treasurer: Michelle

- Beginning balance: \$11,694.49
- Income: \$ 1,962.85
- Expenses: \$ 1,312.44
- After all earmarks and fixed expenses, there is \$5, 926.90 available for donation to the world.

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8) Nominations:

- Zach, RCM II from the Bay area nominated the current RCM Ariel. for Vice-chair.
The vote was unanimous 7 for, 0 against

9) Motion- Maker Randi from NW area; Second

- To have a onetime vote during off-month to elect members of the Regional Service Body. The motion passes 6-0-1.

Finally ,there was a suggestion asking embers to come on-site during on month meeting to rekindle camaraderie.

Meeting was adjourned.

In Loving services,
Mario A



Together We Can

N.A. GROUPS OF THE FREE STATE REGION NEWSLETTER

217 N. Warwick Avenue • Baltimore, Maryland 21223

Regional Hot-Line: 1-800-317-3222

TOGETHER WE CAN

SEPT.-OCT. 2022

Thought for the Month

*"For us addicts, living clean with not using—after all,
that's our primary use for the word "clean" in Narcotics Anonymous."*

(Just for Today, June 11th)

Acronym of the Month

PRAY
UNTIL
SOMETHING
HAPPENS

*Have you done any
SERVICE WORK lately?*

There are lots of ways to serve
the fellowship ...
Choose a subcommittee and
get involved, you'll be
grateful you did!

GO TO:
freestatena.org
**FOR ZOOM & LIVE
NA MEETINGS**



*"Acceptance of our
changing spirituality
is part of our
evolution."*

*Please submit items from
your "Recovery Tool Box"*

N.A. HISTORY

DID YOU KNOW ... 2002, World Services takes
its first development trip to China and comes
bearing welcome keytags and drafts of I.P. #1

*Editors for the Oct.-Sept. issue
of "Together We Can"*

Erika N. - Baltimore
James A. - Baltimore
Jonelle L. - Baltimore
Kim H. - Baltimore
Milton W. - Baltimore
Peggy S. - NEFA

N.A. Readers Write

The following articles are the opinions of the writers, and do not represent the opinion of this committee or the fellowship as a whole. We have given permission to all other Service Boards and Committees of the Fellowship of Narcotics Anonymous to reprint any material appearing in this publication.

"Caring"

The **C**-ompassion which we develop for one another.
The **A**-cceptance that we are powerless over addiction
The **R**-oad each and every one of us will journey in recovery
The **I**-mportance of making meetings regularly
The **G**-ratitude which should reflect in my attitude
(more will be revealed)

By Dennis B.

[NA Communication, March 1998]

Top Ten Reasons to Write Your 4th Step

10. Makes flashy wallpaper for your home when finish.
9. Is great for the campfires this summer.
8. Let's your sponsor compare instead of identifying.
7. Just when you thought you were well, it brings you back to earth.
6. Gives you a chance to use writing skills not used since grammar school.
5. Keeps you busy while you're not creating wreckage of the present.
4. Gives the rest of the fellowship more time to share in meetings, because you have finally stopped talking about your painful childhood.
3. Helps boost your ego because you are envied by those who haven't finish.
2. Helps to keep your head from becoming a suppository.
1. You will reveal your true assets of character so when you need esteem on the remaining steps (and your life), you'll know what a great person you really are.

"Sound Off"

QUESTION FOR NEXT MONTH

What's is your favorite NA slogan and why?

One Day at a Time

Our lives have become frail and weakened by storms,
but the sun has now returned while the rain
ceases to pour.

As the foggy smoke from our battles start to clear, our
path will be set as our demons disappear.

While staring into death was once a trend or strange
Cliche', this nightmare has finally ended as we peer into
a new day.

Some days the going will be easy, and other times
we'll encounter strife but well never expect defeat
not this hour, this day, nor in this life.

Some days we'll walk and other times we'll climb.
Planning our goals for the future but taking it
one day at a time.

A Step Poem

I took **Step One**, began to moan
I can't do this one on my own
I took **Step Two**, began to pray
restore me God, please now, today
I took **Step Three**, gave up my will
Maybe God could love me still
I took a **Fourth**, I looked inside
Nothing more would I hide
And on the **Fifth**, I said aloud, I've done some wrong,
and I'm not proud. I took **Step Six**, and got prepared to
lose the defects, I was scared.
Now I'm at **Seven**, take them away My God, for this I do
pray. And on **Eight**, the list was long.
Amends to make for all the wrongs.
I took **Step Nine**, put down my pride Amends made,
I will not hide.
Step Ten I take, each day I pray I make amends
along the way.
And on **Eleven**, I pray to know each day His Will, which
way to go.
I take **Step Twelve**, I'm like a bird to others now,
and I spread the word.

Anonymous

N.A. Readers Write

INSIDE CONNECTION

Our Best Thinking...

*I've heard it said that going into our own
Heads is like going behind enemy lines
You're only lost in thought because it's unfamiliar territory.
Don't let your mind wander, it's too small to be out on its
own. Your head's a bad neighborhood.*

Don't go there on your own.

*Why is an addict alone in bad company?
Because he is with the last person he used with.
Sponsor to a sponsee who is at home alone, thinking
about things. "Get out as quickly as possible.*

You're in the house with a killer".

*Regarding thoughts versus obsession.
I can't help it if a bird poops on my head,
but I don't have to let it build a nest there.*

Anonymous

Unity

Unity is the common thread that holds us together. We set aside our differences and come together as a whole, in the spirit of cooperation. Unity creates an unconditional bond stronger than individual personalities. Unity helps keep a clear, concise message from being compromised. We gather strength in unity, knowing that we are never alone and have the support of many others.

Unity requires unconditional love and the ability to give and receive. Through this unconditional love, we accept each other and strengthen our unity.

An example of unity in Narcotic Anonymous is how we choose and support a home group. As a group, without unity, the fellowship of Narcotic Anonymous would not survive.

Anonymous

[Anonymous NA Way May 1996]

Step Ten

[Excerpt from, "It Works How and Why"]

"We continued to take personal inventory and when we were wrong promptly admitted it."

Once we're aware that we've been wrong—whether it's five minutes, five hours, or five days after the fact—we need to admit our error as soon as possible and correct any harm we've caused. As in the Ninth Step, we find that the process of admitting our mistakes and changing our behavior brings about tremendous freedom.

Tradition Ten

[Excerpt from, "Basic Text"]

"Narcotics Anonymous has no opinion on outside issues; hence, the NA name ought never be drawn into public controversy."

If an addict has never heard of us, he cannot seek us out. If those who work with addicts are unaware of our existence, they cannot refer them to us. One of the most important things we can do to further our primary purpose is to let people know who, what and where we are. If we do this and keep our good reputation, we will surely grow.



**Have You Called
An N.A. Member
Today?**

